

Fine Motor Skills

Fine motor skills are the ability to make movements using the small muscles in our hands and wrists, in co-ordination with our eyes. Children use **fine motor skills** to do many school-related tasks.



[Click on the blue links below to access the resources.](#)

TheraKids

<http://www.therakids.org/media/pdf/FineMotorActivitiesForHome.pdf>

Mr Luke's Class

https://mrlukesclass.weebly.com/uploads/1/2/0/6/120645756/fine_motor_activities_to_do_at_home.pdf

Teaching 2 and Year Olds

<https://teaching2and3yearolds.com/55-ways-strengthen-fine-motor-skills-home/>

<https://handsonaswegrow.com/fine-motor-skills-activities/>

Videos

<https://www.youtube.com/watch?v=EgULBiZ37GQ>

<https://www.youtube.com/watch?v=54RJ2100P3w>

<https://www.youtube.com/watch?v=MD86MGsBd8w>

